



City E-Currents

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Mayor's Corner

With the arrival of the beautiful Spring weather, let's all remember the little things we can do to keep our City and our rivers healthy. Please remember to take along a "doggie-bag" and pick up after your dogs -- and scoop up piles of leaves, grass, etc. before they go down the storm drains. The street sweeper helps but the City really needs citizen participation to be effective. For example, Neighborhood Watch groups can coordinate "neighbor helping neighbor" projects to help keep the streets clean. If we reduce the amount of rotting materials that run into our streams and rivers, then we will also reduce harmful algae growth. Try a "muscle-powered push mower" if you have a small lawn. It's good exercise and a money-saver as well. Enjoy the warm weather!



Mayor Christina Luman-Bailey

Hopewell designated as a Playful City USA

Hopewell, VA. Playful City USA is the only national designation recognizing cities and towns that value the importance of play. Created in 2007 by the national non-profit KaBoom! 118 Cities in 36 states were recognized in 2010 for implementing local action plans committed committed to reversing the Play deficit facing this country.

Completing an application is the first step toward motivating elected and appointed City officials and community leaders. The Playful City USE program is offering \$2.1 M in Let's Play grants over the next three years to support communities committed to impacting the state of play. There is a Play Deficit in America and it is harming our children. The Center for Disease Control and Prevention reports (2010) that only 1 in 5 households has access to a playground

or park within walking distance. At the same time children's media usage has soared in the past two decades; with the average child engaging in 7 hours 38 minutes of media use each day (Kaiser Family Foundation, 2010).

Incidents of poverty only increases the negative effects, with odd of a child being obese or overweight increasing 20-60% among children in neighborhoods with the most unfavorable social conditions such as unsafe surroundings; poor housing; and no access to sidewalks, parks, and recreation centers thank among children not facing such conditions (Health, March 2010). A growing body of research suggests children will be more active if they are given opportunities to engage in un-



See PLAYFUL page 2

Hopewell City Public Schools announces the appointment of new Superintendent: Dr. John A. Fahey, Jr.

At a special School Board meeting held December 15, 2011, the Hopewell City School Board announced the appointment of their new Superintendent of Schools, Dr. John A. Fahey, Jr. The Board selected Dr. Fahey following an extensive national search which yielded approximately fifty qualified applicants. He is the unanimous choice of the Board as the leader for the job.

"It is an extreme honor to come to Hopewell," said Dr. John A. Fahey, Jr. "I am looking forward to getting to know the community, families and all of the children. In my experience the best way to lead a school division is through working with the community and everyone has always told me that here are great people that work in Hopewell."

"The School Board believes that Dr. Fahey is the special person to lead our school division into the future. He comes to us with an exceptional education and professional background, and with the credentials to be an excellent leader," stated Dr. William C. Henry, Chairman of the Hopewell City Public School Board.

Dr. John Fahey most recently served as the Superintendent of Schools for Hertford County Public Schools, in North Carolina, where he was recognized in October 2011 by the State Board of Education for the



Dr. John A. Fahey, Jr.

educational success of the schools in his division. He is originally from Virginia where he has also served as an Assistant Superintendent for Surry County Public Schools and as the Executive Director of

Secondary Schools for Newport News City Schools. Dr. Fahey was also a high school principal for the Staunton City Schools.

As an Assistant Professor of Education Leadership at James Madison University, Dr. Fahey trained principals, central office personnel and superintendents. This leadership position afforded him the opportunity to provide professional development and consultation to school districts across the United States.

Dr. Fahey received his Doctorate in Administration and Supervision from the University of Virginia; Masters in Curriculum and Instruction from the University of Virginia; and Bachelor of Science in Russian Language and Education from Old Dominion University.

Among Dr. Fahey's many honors and awards are his receipt of the Paul Harris Fellow Medal awarded by Virginia Beach Rotary Club; the Region I Virginia High School League Service Award; the National Publication Award from the Association for Supervision and Curriculum Development (ASCD); the Governor's Fellowship, awarded by the Curry School of Education at the University of Virginia; and the Outstanding Leadership and Service Award presented by the Nottoway High School JROTC.

Dr. Fahey and his wife, Virginia, are proud parents of three grown children, two daughters and a son. He and his wife are in the process of locating a home in Hopewell.

"We are fortunate to have Dr. Fahey join us as our new Superintendent, and we look forward to working with him as we strive to make the Hopewell Public School Division the best system in the Commonwealth. We welcome him and his wife, Virginia, and their son, Jeff, to our community," said Dr. Henry.

"We would be remiss at this point if we did not thank Dr. Frances Moore for his outstanding work as our Interim Superintendent; although he will be with us awhile longer. We'd also like to thank Mel Bage, Director of Personnel for her help as the point person during the search," concluded Dr. Henry.

Dr. Fahey started his new post in Hopewell at the beginning of February.

PLAYFUL continued

structured or free play. Unstructured play gets children moving, and more active children are more likely to be physically healthy.

As a Playful City, our community will...

- create a generation of children who are happier, smarter, and healthier
- Increase awareness of the benefits and availability of play in the community
- Improve the City's ability to raise outside funding and attract private sector support
- Receive recognition and honors at national conferences of your peers
- Access special incentive opportunity and highway signs in honor of our Playful City USA status
- Be included in a national media campaign and provided with local media
- Earn priority status and access to grant opportunities that have totaled

over 5M since 2007

• Gain eligibility for \$2.1M in Lets Play Grants available exclusively to recognized cities.

Playful City USA aligns the City with leading Mayors and the Let's Move campaign. Let's Move, the First Lady of the United States' signature campaign to increase healthy eating and active living, celebrated its inaugural anniversary in February 2011. By meeting the five commitments outlined by the Playful City USA program, our City will be taking specific steps that are in-line with Let's Move recommendations. The City of Hopewell is proud of this recognition as a Playful City USA, as this is a testament to the City's of Hopewell's commitment to creating spaces for safe play for our children, and helping our residents stay healthy.

New exhibit at Quartermaster Museum opens

BY U.S. ARMY QUARTERMASTER MUSEUM

FORT LEE, Va. – The public was invited to the grand opening of the U.S. Army Quartermaster Museum's new exhibit, entitled, "A War of Supply: The Quartermaster Department in the Civil War," Tuesday.

Brig. Gen. Gwen Bingham, U.S. Army Quartermaster General and QM School commandant, cut a ribbon officially opening the exhibit that commemorates the 150th anniversary of the Civil War.

The role of the U.S. Army Quartermaster Department during the Civil War was paramount. This "Army behind the Army" provided logistical support never before seen in war. The ability to clothe, transport, and sustain large field armies over the course of four years was crucial to Union victory however, success did not come easy. This exhibit reveals how the Quartermaster Department overcame significant challenges to create an effective organization that reinforced the importance of supply on the battlefield.

Artifacts from the museum's extensive collection, some never before seen by the public, will be on display for one year. The museum on Fort Lee will also highlight



PHOTO BY JAMIE L. CARSON

On display in the Quartermaster Museum's new exhibit, scheduled to open April 10, is the saddle that was used by Gen. Ulysses S. Grant for the duration of the Civil War. It is a Grimsley model, a style which had been in service with the regular army since 1847.

its iconic Civil War items to include General Ulysses S. Grant's saddle, a wagon ambulance, rare uniforms, weapons and equipment.

In addition, technology and social media will be put to good use within the exhibit to further highlight the importance of the Quartermaster story during the Civil War. Visitors will also have a chance to "try on" history and take pictures in a mock-up Civil War studio.

"The role of the Quartermaster Department in the Civil War is often overlooked," said Paul Morando, museum director. "This exhibit focuses on how crucial supply and logistics were in achieving victory in battle.

"Showcasing key artifacts, along with informative signage, allows visitors to appreciate the rich history of the Quartermaster and how challenging it was for the Army to keep the supply line in operation," he added.

For more information about the museum, visit www.qmmuseum.lee.army.mil or www.facebook.com/QuartermasterMuseum; or call 804.734.4203.



PHOTO BY JAMIE L. CARSON

Artifacts on display include a Civil War field desk, binoculars, scissors, an inkwell, a Bible and ledgers. Artifacts from the museum's extensive collection, some never before seen by the public, will be on display for one year.

City of Hopewell hires Economic Development Consultant

HOPEWELL, VA. – J. Andrew Hagy, President, The Hagy Group an economic development consulting firm has agreed to a contract with the City of Hopewell.

Mr. Hagy began working for the City in early March of 2012. Mr. Hagy represents an extensive background which encompasses all levels of government and the private sector. Mr. Hagy has worked for state wide elected officials such as U.S. Senator John Warner and Governor George Allen, as well as serving as an elected member of the Henrico County School Board.

Throughout his multi-facet govern-



J. Andrew Hagy

ment, economic development and commercial real estate career Mr. Hagy has assisted with the expansion and relocation of national and international businesses which created 8,150 new jobs and \$525 million in new investment throughout Virginia.

Mr. Hagy has held numerous positions of increasing responsibility throughout his career such as County Administrator, County of Buchanan, Grundy, Virginia; District Manager, U.S. Senator John Warner, Abingdon-Richmond, Virginia; National Project Manager, Virginia Economic Development Partnership, Richmond, Virginia and Director of Economic Development, County of Spotsylvania, Fredericksburg, Virginia.

Mr. Hagy serves in the capacity of managing consultant and/or director of economic development to local governments seeking to attract and expand business and commercial development to their

communities. Mr. Hagy works to enhance the economic value of communities by creating a vision and aligning people, technology, real estate, financing and public-private partnerships.

Mr. Hagy represents local governments and the private sector before state government agencies and Virginia General Assembly, and federal government agencies and Virginia congressional delegation. Mr. Hagy provides commercial real estate services to businesses, developers and owners seeking to lease, purchase or dispose of property.

He holds a Bachelor of Science Degree in Public Relations and Mass Communication from Virginia Commonwealth University; an Associate of Science in Business from Southwest Virginia Community College; and is a graduate of the Economic Development Institute from the University of Oklahoma.

Dredging project complete



Hopewell City Marina completes dredging project with 8700 cubic yards of material removed from the marina which is made up predominately of clay, silt and sand. The last time the Hopewell City Marina was dredged was 1988. Hydraulic dredging was used around the slip areas with the material placed in bags to dewater. Other areas of the marina were dredge mechanically with over 400 truck loads taken to Port Tobacco in Charles City.



Department of Recs and Parks renovates kitchen

The Department of Recreation and Parks has completed its renovations of their commercial kitchen. This kitchen will be used to prepare meals for the Rainbow Summer Free Meal Program for children 18 and under, the Respite Group, The local American Red Cross during local emergencies to prepare meals for the public and several other community programs and classes.

The project cost \$48,638.00, Renovations took approximately four weeks and funds were paid through the Recreation and Parks budget.



Hopewell Police Department Promotional Ceremony



In the photo, beginning from Left to right.

1. **Lieutenant Michael Whittington** – has been with the department for 25 years. He was promoted from Sergeant to Lieutenant but was serving in an Acting Lieutenant position for some time. He has been assigned to Squad B– as Night Watch Commander.

2. **Sergeant John Irons** – has been with the department for 14 years. He was promoted from Patrol Officer 2 to Sergeant and has been assigned to A Patrol – 2nd Squad.

3. **Sergeant Rose Camacho** – has been with the department for 24 years. She was promoted from Sr. Master Patrol Officer to Sergeant and has been assigned to our Investigations Unit. (Also, she is the first woman officer promoted to a supervisory position in the HPD)

4. **Chief John Keohane**

5. **Sergeant Paul Intravia** – has been with the department for 20 years. He was promoted from detective (Sr. Master Patrol Officer) to Sergeant and has been assigned to our B Patrol – 2nd Squad.

6. **Sergeant Michael Langford** – has been with the department for 18 years. He was promoted from Sr. Master Patrol Officer to Sergeant but was serving in a Acting Sergeant position for some time. He has been assigned to our Crime Suppressions Unit.

7. **Lieutenant Damon Stoker** – has been with the department for 12 years. He was promoted from Sergeant to Lieutenant and has been assigned to Support Services.

Hopewell Police Department recognized Damon Stoker, Michael Whittington for attaining the rank of Lieutenant and Rose Camacho, Paul Intravia, John Irons and Michael Langford for attaining the rank of Sergeant Wed. evening April 18 at the Beacon Theater in Hopewell.

Sergeant Rose Camacho became the first female sergeant in Hopewell’s police history. Chief Keohane said that he based the promotion on merits of their work, interviews and things like that. “They all worked hard and they all deserved this promotion,” Keohane said.

Hopewell-Prince George Healthy Families

Hopewell-Prince George Healthy Families is a non-profit/governmental agency and one of over 400 Healthy Families programs in the United States and other countries. There are 36 Healthy Families sites in the State of Virginia. Healthy Families mission and values is to assure that children are born healthy, reach school age healthy and ready to learn, and grow to be healthy contributing members of their communities. Healthy Families equals healthy communities.

Hopewell-Prince George Healthy Families specialize in promoting positive parenting by teaching parenting skills and mentoring individuals to be better parents. One of the goals of Hopewell-Prince George is to share information about your child’s growth and development that will provide a healthy outcome for your child.

It is also a support system for families providing referrals to community resources which may be beneficial to you as a parent. They provide the following services:

Home Visitation, Referral to Resources, Parent Groups, Transportation (limited) and Child Development screening. In addition to the services mentioned; Healthy Families recently received a grant from Cameron Foundation in Petersburg to assist families with emergency needs during this tough economic time. All services are free and voluntary. Hopewell-Prince George Healthy Families welcomes contributions which are tax deductible especially in light of numerous budget cuts from the state over the past few years.

You do not have to be a first time parent to be in the program, multiple births are welcomed and encouraged. For parents who have questions and concerns about raising a child and child development concerns, please contact Healthy Families for more information, Please call (804) 458-9271 and dial any extension or visit them on the web at www.hpghealthyfamilies.com or on FACEBOOK.

The City of Hopewell and the Sesquicentennial of the American Civil War

What is the Sesquicentennial?

- A way to take a closer look at one of the most important time periods in American history
- A chance to hear the stories of all whose lives were affected during this period
- An opportunity to draw visitors to communities throughout the state

STATE GOALS FOR THE COMMEMORATION

1. **Diversity:** The commemoration will be inclusive of, and meaningful to, all Virginians, particularly:
 - Diverse racial and ethnic groups;
 - Immigrants and citizens who

- do not have a hereditary link to the American Civil War; and
- Young people who do not understand the relevance of the American Civil War to today's population

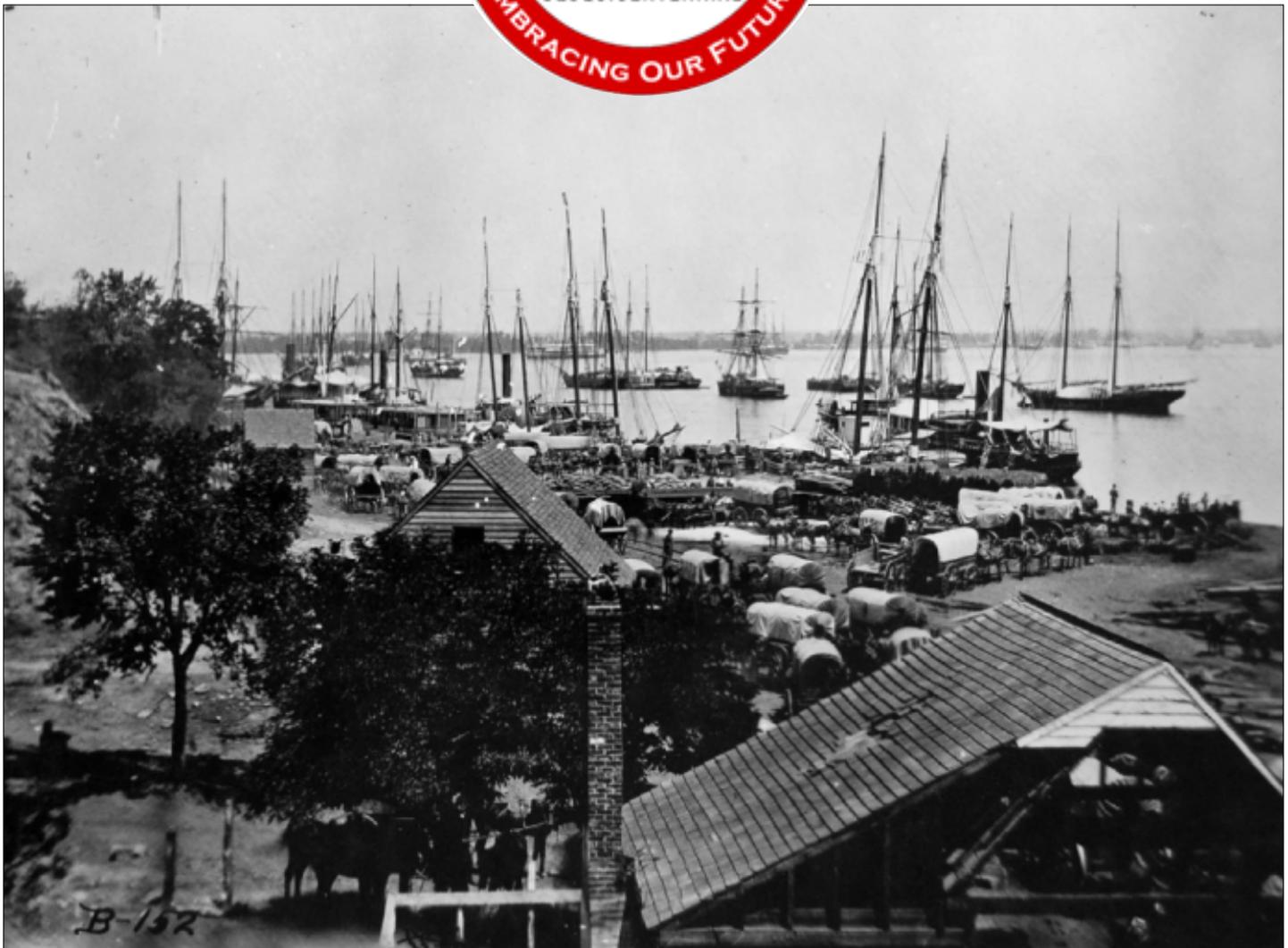
2. **Inclusiveness:** The commemoration will seek to portray a fair and balanced story

of Virginia's participation in the American Civil War that includes the African-American, Union and Confederate perspectives.

3. **Statewide Accessibility:** The commemoration will be statewide, involving all localities and encompassing all Civil War-related institutions, museums, battlefields, parks and facilities in the Commonwealth.

4. **Education:** The commemoration period have a strong education component, which will be intended to ignite a renewed interest in Virginia's historical heritage.

Website: www.VirginiaCivilWar.org



150th Civil War events

April – June

APRIL 2012

Brown Bag Lunch Talk on the Battle of Shiloh

April 20, 2012 - Richmond, VA
After 1st Manassas in July 1861, there was very little fighting; and there were very few casualties in both armies. The Battle of Shiloh changed everything. Two days of fighting produced 25,000 casualties, over five times as many as 1st Manassas.

150th Anniversary Commemoration of the Peninsula Campaign

April 21-22, 2012 - Newport News, VA
See the sights and hear the sounds of a Civil War battle as hundreds of re-enactors converge on Endview to re-create battles fought 150 years ago during the Peninsula Campaign. Includes talks, demonstrations, battles and camp life.

CW 150 Legacy Project, King and Queen County

April 28, 2012 - King and Queen County, VA
The King and Queen County Local Sesquicentennial Committee is hosting a CW 150 Legacy Project scanning event at the King and Queen Courthouse Tavern Museum.

Civil War Living History Day

April 28, 2012 - Henrico, VA
For all ages. Explore the life of men, women, and children during the Civil War in camp, on the battlefield and at home. Re-enactors, tours, lectures and children's activities.

MAY 2012

American Turning Point Panel Exhibit at Colonial Center

May 1-15, 2012 - South Hill, VA
An American Turning Point: The Civil War in Virginia—a 1,000-square-foot traveling panel exhibition is coming to the Colonial Center. The Colonial was originally constructed in 1925 to house live entertainment, vaudeville, and musical productions.

Jamestown in the Civil War

May 3, 2012 - Jamestown, VA
Spend a special evening at Historic Jamestowne and explore the story of Fort Pocahontas, one of five forts constructed on Jamestown Island during the Civil War. Join Jamestown Rediscovery Senior Archaeologist Dave Givens as he discusses the most recent excavations of a Confederate bomb shelter.

Civil War 150 HistoryMobile, 150th Anniversary of the Battle of Williamsburg

May 4-6, 2012 - Williamsburg, VA
The City of Williamsburg is the proud host of the Sesquicentennial HistoryMobile on the 150th Anniversary of the Battle of Williamsburg and it will be parked at the Williamsburg Regional Library. Throughout

the weekend, there will be programs at the library.

Step into 1862, New Kent during the Civil War

May 5, 2012 - New Kent, VA
A day for the public to commemorate and relive life in New Kent County in 1862. Interactive displays of home life during the era, displays of period artifacts, as well as a military encampment with artillery, will be present. A bus tour of the Battle of Eltham's Landing site is an option.

CW 150 Legacy Project, James City County, Williamsburg, York County

May 5, 2012 - Williamsburg, VA
The James City County-Williamsburg-York County Local Sesquicentennial Committee is hosting a CW 150 Legacy Project scanning event at the Williamsburg Regional Library.

Civil War 150 HistoryMobile, Commemoration of the 150th Anniversary of Drewry's Bluff

May 9-12, 2012 - Chesterfield, VA
The arrival of the Civil War 150th HistoryMobile will mark the beginning of five days of commemoration of the 150th anniversary of Drewry's Bluff. Visitors throughout the week can attend events both inside and outside the Chesterfield County Public Library, including musical performers, and more.

Drewry's Bluff Anniversary Kickoff

May 9-12, 2012 - Chesterfield, VA
Wednesday-Saturday, May 9-12 – Drewry's Bluff Anniversary Kickoff Chesterfield County's Sesquicentennial of the American Civil War Committee will present the State Sesquicentennial's HistoryMobile at Central Library, 9501 Lori Road, Chesterfield, VA.

CW 150 Legacy Project, Emporia, Greensville County

May 12, 2012 - Emporia, VA
The Emporia-Greensville County Local Sesquicentennial Committee is hosting a CW 150 Legacy Project scanning event at the Emporia Municipal Building.

Commemoration of the 150th Anniversary of the Battle of Drewry's Bluff

May 12-15, 2012 - Richmond, VA
Saturday-Tuesday, May 12-15 – Commemoration of the 150th Anniversary of the Battle of Drewry's Bluff This commemoration will include living history interpretation, guided tours, artillery demonstrations, music, special programs and educational opportunities.

Free Lecture, The Capture of New Orleans

May 15, 2012 - Petersburg, VA
New Orleans was the Confederacy's largest and, next to Richmond, most important city.

A combined Union army and navy operation targeted New Orleans 150 years ago in a campaign that resulted in the fall of the Crescent City. Pamplin Historical Park's A. Wilson Greene will speak.

The Mariners Museum Civil War 150th Lecture, The Battle of Drewry's Bluff

May 19, 2012 - Newport News, VA
The USS Monitor never met the CSS Virginia in battle again after the March 9, 1862 engagement. The Confederate ironclad was destroyed by her own crew to keep her out of Union hands following the fall of Norfolk in May.

Battle of Williamsburg, A Civil War Van Tour

May 19, 2012 - Newport News, VA
Learn about Williamsburg's rich Civil War history while exploring Redoubts 1, 2, 12, 14, Fort Magruder, and other sites with historian J. Michael Moore. All tours leave from Lee Hall Mansion. Plan to arrive at least 15 minutes early. Bring a bag lunch, drink, and small cooler.

Civil War on the James Tour

May 19, 2012 - Chester, VA
May 19 - The Civil War on the James Tour – This pontoon-boat tour on the Discovery Barge II is captained by Mike Ostrander. Civil War historian Scott William traces the naval actions that took place in the area of Dutch Gap and Jones Neck from 1862-1865. Tours leaves from Henricus Historical Park.

Fort Pocahontas 15th Annual Civil War Living History and Reenactment

May 19-20, 2012 - Charles City, VA
"Action at Wilson's Wharf" Complete with Military Demonstrations, Confederate Attack on Fort Pocahontas at Wilson's Wharf, and Fort Tours! The forgotten Union earthwork of Fort Pocahontas comes to life as Veteran Civil War reenactors describe the life of the soldier.

Virginia Historical Society Exhibit An Artist Story, Civil War Drawings by Edwin Forbes

May 20, 2012 - Richmond, VA
In 1862, twenty-three-year-old Edwin Forbes joined a corps of artists sent to Virginia to capture scenes of the war that would illustrate the pages of Frank Leslie's Illustrated Newspaper. Forbes and his colleagues did much to shape public perceptions "then and now" of the American Civil War.

Civil War 150 HistoryMobile, York County Commemorates the Sesquicentennial of the American Civil War

May 26-28, 2012 - Yorktown, VA

EVENTS continued

This annual event includes both Union and Confederate troop encampments and military and surgical demonstrations. Saturday and Sunday's activities feature Union and Confederate artillery, cavalry and infantry re-enactment units demonstrating military tactics and skills on the battlefield.

Lee Takes Command, A special sesquicentennial lecture by Dr. Emory Thomas

May 31, 2012 - Richmond, VA
Join the Museum of the Confederacy and the Virginia War Memorial for a special lecture given by Civil War author and historian Dr. Emory Thomas. Dr. Thomas will examine Lee as a man and a general as the 150th anniversary of his taking command of the Army of Northern Virginia is commemorated.

Lee Takes Command Weekend

May 31 - June 2, 2012 - Henrico, VA
Experience Confederate General Robert E. Lee's Richmond on the 150th anniversary of him taking command of his famous Army of Northern Virginia. This series of events is co-sponsored by the Dabbs House Museum, The Museum of the Confederacy and Virginia War Memorial.

JUNE 2012

Air, Land and Sea Tour

June 2, 2012 - Newport News, VA
This program is a cooperative effort with the city of Newport News and The Mariners' Museum. Bus tour to include Lee Hall Mansion, Fort Huger, Fort Boykin and The Mariners' Museum focusing on the air, land and sea components of the 1862 Peninsula.

J.E.B. Stuart Ride Around McClellan Commemoration

June 10, 2012 - Henrico, VA
The J.E.B. Stuart Ride Commemoration and Trail Kick-off event will include re-enactors, period music and a historic interpretation of the meeting that took place between Lee and Stuart at the house 150 years ago to the day of the event. There will be a ribbon cutting ceremony.

J.E.B. Stuart Ride Commemoration Event

June 10, 2012 - Henrico, VA
For all ages. Experience the meeting between Lee and Stuart that launched the events that culminated in the Seven Days Battles. Enjoy living history, a re-creation of the Stuart/Lee meeting and take part in question and answer with Lee and Stuart interpreters at the Dabbs House Museum.

The Seven Days Battles, A Civil War Van Tour

June 16, 2012 - Newport News, VA
In June 1862, the Union Army was poised to capture Richmond. Tour Chickahominy Bluffs, Beaver Dam Creek, Gaines's Mill, Glendale, Malvern Hill, and other sites associated with Gen. Robert E. Lee's counterattack that drove the Federals back

from the gates of the Confederate capital.

Birth of an American Tradition, The 150th Anniversary Commemoration of TAPS at Berkeley Plantation

June 22-24, 2012 - Charles City, VA
"Birth of an American Tradition" - The 150th Anniversary Commemoration of Taps at Berkeley Plantation in Charles City, Virginia. This three-day event will celebrate the birth of America's national song of remembrance with Civil War re-enactors depicting the Union Army.

Civil War 150 HistoryMobile, Commemoration of TAPS 150th Anniversary

June 22-24, 2012 - Charles City, VA
This three-day event will celebrate the birth

of America's national song of remembrance with Civil War re-enactors depicting the Union Army at rest at Harrison's Landing (on the grounds of the plantation) following the Seven Days Battles in late June 1862.

The Mariners Museum Civil War 150th Lecture, The Monitor and the Appomattox Raid

June 23, 2012 - Newport News, VA
The Monitor is best known for her battle with the CSS Virginia in Hampton Roads, March 9, 1862. Yet she spent most of her working life on the James River, as support for McClellan's Peninsular Campaign.

MORE INFORMATION ON EVENTS IN VIRGINIA <http://www.virginiacivilwar.org/committeeevents.php>

Phase 1 Update on Hopewell Regional Wastewater Treatment Facility/Relocate Primary Plant

Hopewell, VA. – Phase 1 update on the City of Hopewell's Regional Wastewater Treatment Facility/Relocate Primary plant is scheduled to begin flow on May 1, 2012 according to Harold Walker. The Hopewell Regional Wastewater Treatment Facility is a 50 million gallon per day plant designed to treat the combined industrial/domestic wastewaters in our region. The HRWTF treats 85% of the industrial waste from five major industries in addition to the domestic waste for the City of Hopewell and portions of Prince George County, Petersburg Federal Correctional Complex, Riverside Regional Jail and Fort Lee military installation. It was necessary to relocate and expand the Domestic Primary Plant

in order to accommodate future flows expected from future growth and recent activities as a result of Fort Lee. In addition, the facility must reduce its total nitrogen discharge into the James River as a part of the Chesapeake Bay Act-requirements and this is the first step in that process.

The upgrade will produce a larger capacity which will expand the primary plant facility from 6.9 Million gallons to 10.5 million gallons. The new Domestic Primary Plant consists of fine rotating bar screens and an improved grit removal system. This cost also includes two new pumping stations located at First Creek and Bailey's Creek. phase 1 of the operation has a price tag between \$25M to \$30M dollars.

Tips for staying safe during outdoor summer activities



*By: Rick Partsch, MS, ATC
Director, Athletic Training
Services*

Summer has finally arrived in Berks County and it has come in a big way. With temperatures in the 90's and even pushing 100, here are some tips on exercising or working in the hot, humid weather. Some do's and don'ts for your summer outdoor activities...

PLEASE DO:

- Wear light, loose fitting clothing made of breathable fabric such as cotton. If your activities will cause you to sweat a lot, consider clothing that takes the perspirations away from your body (such as dri-fit) or have a change of clothing.

- **WEAR SUNSCREEN!** Whether your activities are in the morning, evening or mid-day, not only is sunburn bad for your skin, but it can also hinder your body's ability to stay cool.

- Drink plenty of fluids to stay hydrated. If you're thirsty, you're already dehydrated. You should be sure to drink throughout the day as well as every 15 minutes during exercise. (stay away from caffeine, water is your best choice)

- Remember to eat. The heat can decrease your appetite, but try to eat at least 5-6 small meals a day. Eating lots of fruits and vegetables and staying away from heavy, fried foods is a good idea. (the fruit can also help to keep you hydrated)

- Be smart! Don't try strenuous activities your body is not accustomed to and stick to exercise that you feel comfortable doing. Also, watch the weather forecast and monitor the heat index. (stay out of the danger zone)

PLEASE DON'T:

- Don't ignore your body's signals! Heat related illness comes with warning signs. Heat exhaustion symptoms include: fatigue, nausea, headaches, excessive thirst, muscle aches and cramps, weakness, confusion or anxiety, drenching sweats (often with cold, clammy skin), dizziness, agitation, fainting, and slowed or weakened heartbeat.⁽¹⁾

- Don't try to "sweat those pounds off"! The weight you lose from sweating is fluid your body needs. The few pound difference post exercise is not permanent, only water loss. Also, make sure to take in plenty of flu-

ids when swimming. Your body is still losing fluids that need to be replenished.

- Don't do activity during the hottest part of the day (typically 10 a.m. to 3 p.m.). If you need to be working in very hot temperatures, you should try to acclimate your body by only spending a few minutes a day in extreme heat for the first couple of weeks.

- Don't blast the air conditioner right after activity; you should try to cool down gradually. Remember extreme temperature changes can be harmful to your body.

Hopefully these tips can keep you safe and healthy throughout the summer. Enjoy it; we will be getting our jackets out of the closet before you know it!

1. Gelfand JL, MD Review: American Academy of Family Physicians, webMD 6/1/07.



DO YOU KNOW YOUR CITY COUNCILORS?

Mayor Christina Luman-Bailey	Ward # 1	PH: (804) 541-2249
Vice Mayor Wayne Walton	Ward # 5	PH: (804) 541-2249
Roosevelt Edwards, Jr.	Ward # 2	PH: (804) 541-2249
Councilor Michael C. Bujakowski	Ward # 3	PH: (804) 731-0513
Councilor Gerald S. Stokes	Ward # 4	PH: (804) 541-2249
Councilor Brenda S. Pelham	Ward # 6	PH: (804) 541-2249
Councilor Jackie M. Shornak	Ward # 7	PH: (804) 541-2249

CITY DEPARTMENT

DIRECTOR/OFFICER

PHONE

City Manager	Ed Daley	541-2243
City Attorney	Thomas Lacheney	541-2247
City Clerk	Ann Romano	541-2249
Comprehensive Services Act Development	Jamilliah Karriem March Altman	541-2470 541-2220
Economic Development	J. Andrew Hagy	541-2243
Engineering	Johnnie Butler	541-2319
Finance	Elesteen Hager	541-2306
Fire	John Tunstall	541-2288
General District Court Clerk	Deborah A. Hatcher	541-2257
Healthy Families	Bernetta R. Quinn	458-9278
Human Resources	Jim Gregory	541-2246
Intergovernmental & Public Affairs	Herbert Bragg	541-2270
Planning	Tevya Griffin	541-2269
Police	John Keohane	541-2282
Public Works	Phil Elliott	541-2295
Purchasing	April Cone	541-2205
Real Estate	Kevin Winfree	541-2234
Recreation	Jo Turek	541-2304
Regional Wastewater Treatment	Mark Haley	541-2210
Risk Management	John Bodenhamer	541-2203
Emergency Services	Ben Ruppert	541-2298
School Superintendent	Dr. John Fahey	541-6400
Social Services	Nancy Treanor	541-2330
Tourism	LuAnn Fortenberry	541-2461
Voter Registrar	Pam Clark	541-2232

CONSTITUTIONAL OFFICERS

Master, Commissioner of the Revenue	Debra Reason	541-2237
Commonwealth's Attorney	Richard K. Newman	541-2255
Sheriff	Greg Anderson	541-2301
Treasurer	Terri Batton	541-2240
Circuit Court Clerk	Tamara Ward	541-2239

AGENCIES

Appomattox Regional Library	Scott Firestine	458-6329
Hopewell Redevelopment and Housing Authority (HRHA)	Steven Benham	541-1458