

A young man with brown hair and sunglasses is holding a large, golden-brown fish. He is wearing a purple t-shirt with several logos, including one that says "STATE OF VIRGINIA" and another that says "P.O. Hopewell, VA". He is standing on a wooden dock next to a body of water. In the background, there are several white boats and a chain-link fence. The sky is clear and blue.

Hopewell
**RECREATION
AND PARKS**

Focus On Recreation...

... Enjoy the Fun

ACTIVITY GUIDE

Spring/Summer Edition 2014

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City of Hopewell
100 West City Point Rd.
Hopewell, Va 23860

Phone 804-541-2353
Fax 804-541-2464

www.hopewellva.gov

Mission Statement

The Hopewell Department of Recreation and Parks believes in enhancing your opportunities for a variety of recreational activities. We promote public well being in a safe, friendly, healthy environment through dedicated services.

Parks & Recreation Staff

Director Jo Turek	Customer Service Agents Gwen Jones Blair Devers Patricia Patterson Lois Haynes
Athletic Program Specialist Ronnie Parker	Facility Maintenance Worker Erik Dunbar
Community Program Specialist Serita Jennings	Parks Steve Howard Maintenance Manager
Senior Program Specialist Aaron Clay	Maintenance Specialist Andy Powers Kelvin Dillard James Winfield Roger Joswick
Aquatics Program Specialist Brad Flynn	Van Drivers Arthur Morton Everette Goodwyn
Lifeguards West Ford Ashley Summa	Gym Attendant Lillie Taylor Franklin Crockett
Customer Service Manager Arlethia Dearing	
Senior Customer Service Agent Carol Scarbrough	
Center Supervisors Edie Blood Sequayia Holloway	

ABOUT THE COVER



Fishing out of
Hopewell City Marina

Hayden Bell wins biggest
fish at 10.75 pounds at a
recent tournament.

Community Center Information

Phone Numbers (TTY accessible)

General Information – 541-2304
Classes – 541-2353/541-2304
Athletics/Maintenance – 541-2356
Seniors – 541-2355
Hopewell City Marina – 541-6417
Maintenance Shop – 541-2357
Pool Staff – 541-2353/541-2304
Fax Number – 541-2464
Automated Citizens Information System – 541-2401

Recreation Commission

The members of this City Commission are appointed by City Council to represent the citizens of Hopewell and to give them an opportunity to participate in planning recreational activities, services, and policies of the department. The Commission meets the second Wednesday of each month at 6:00 p.m. at the Hopewell Community Center. The following citizens are currently serving as members:

John Loshkreff (chair)
Jim McMillen (vice-chair)
Bobby Pershing
Marion Hebert
Nathaniel Satterfield (student)
Janelle Taylor
Anthony Sylvester
Brittany McConnell (student)

Senior Citizens Advisory Board

The city-appointed board meets the third Tuesday of each month at 10:00 a.m. at the Hopewell Community Center. The following citizens serve as members:

Judy Wells (chair)
Herndon Smith (vice – chair)
Libbie Dragoo (secretary)
Brenda McQueen
Gloria Bailey
June Goho
Alice Matlock
Jacqueline Shepperson
Tommy Wells (liaison)

Pool Open

Mon - Fri 6:30 a.m.

Gym/Exercise Room

Opens 6:00 a.m. Monday-Friday

Hopewell Skateboard Park Hours:

Open all year dawn to dusk

Community Center Hours of Operation

The Hopewell Community Center operation hours are as follows:
6:00 a.m. to 8:00 p.m. Mon. thru Thurs.,
6:00 a.m. to 7:30 p.m. Fri.
and 9:00 a.m. – 3:00 p.m. Saturday.
The Community Center is closed on Sundays.

The Community Center will be closed on the following holidays:

May 26, 2014 – Memorial Day
July 4, 2014 – Independence Day

The Department of Recreation and Parks reserves the right to change fees/hours/rules and regulations as necessary. All changes will be posted for 30 days from effective date and will be reflected in an updated Community Center User Guide and Recreation Regards publication thereafter. Thank you for your continued patronage.

50+ Senior Activities

Active Adults

Walking Club

Monday – Friday, 6:30 a.m. – 8:30 a.m.

Swimnastics

Monday – Friday, 9:00 a.m. – 10:00 a.m.

Pickleball

Free Demonstration: Wednesday, May 21

Who: Adult Players

Where: Hopewell Community Center 100 W City Point Rd., Hopewell, VA 23860

Time: 10:00 a.m.

Register by: Friday, May 16

Demonstration will take place in the gym.

Brain Exercise Club

Mexican Train Dominoes

Thursday, 12:30 p.m.

**All participants must have an annual membership card to participate in the Active Adults and Brain exercise Club as this is part of your Community Center Membership. With one card, a Community Center*

Membership, you can pay a daily \$1

fee or purchase an annual Brain Exercise Card for \$19 per year. See fees and daily rates in back of brochure.



Respite Care Group

The Hopewell Respite Care Program is a community service program for residents of Hopewell, Prince George, and surrounding areas aged 35 and older. The program is for persons who reside at home alone or are under the constant care of a caregiver, and/or are physically or mentally challenged and/or has sensory disabilities. Respite Care gives eligible persons the opportunity to participate in meaningful recreational, educational, leisure, and social activities in a safe environment with their peers. It also provides an opportunity for caregivers to have some quality time to take care of personal, recreational and social needs.

The Hopewell Respite Care Program meets at the Hopewell Community Center 3 days a week from 9:30 a.m. to 1:30 p.m. Staff consists of a Program Leader, Program Assistant, and Volunteer Staff. They assist the members with the activities, ambulating and meals as required. Transportation to and from the Community Center is available for members of the program (within the City of Hopewell city limits).

Take advantage of this community service at a fee of \$2 a day (see program specialist if assistance is needed), and donations are always welcome. Enjoy yourself in a home away from home atmosphere. We are here to serve you. For further information contact the Hopewell Community Center at **541-2355**.

Monthly Prize for 50+ Who Use Our Facility

Please take the time to give us your name, phone number, and e-mail address at the front desk. This will place your name in a drawing to win a prize! We will be giving various prizes throughout the year.

Transportation Services

The Hopewell Community Center provides daily van service in the Hopewell City area. We offer the service Monday thru Friday from 9:00 AM until 12:30 PM. Please call 24 hours in advance to reserve your pick-up time. The van is available to transport you to doctor appointments or any other errand you may need to run. The fee for this service is .75 cents per stop with a limit of 3 stops per day. You must complete a transportation form and have it on file with us before you can ride the vans. Call 541-2353 for additional information.

Senior Advisory Meetings

Meetings are held the third Tuesday of each month at 10:00 a.m. in the Conference room. This committee was formed to help solve some of the problems facing senior citizens. If you have any suggestions or activities you would like to bring up, please attend these meetings on May 20th and June 17th at the Hopewell Community Center.

Congregate Meal Program

We are offering a congregate meal program on Wednesday. We offer a nutritious lunch, socialization and education for persons 60 years of age and older who meet the Crater District Area Agency on Aging guidelines. Participants must complete an application/interview and be approved by CDAAA. Please contact Aaron Clay @ 541-2355 for additional information.

Activity Palooza with the Gadabouts!

Join us on the Fourth Tuesday of each month at 11:00 a.m. to 1 p.m. for a potluck and an activity, or topic of interest. This group is held in our Meeting Room and is a way to meet others and learn of the many programs and activities that are scheduled throughout the year. Please bring a covered dish, the main dish will be provided. May 27- From the Heart-An organization that produces homemade items for those who are in need. June 24- All white party (dressed) and lual.

Workshops

Jewelry Design: Basic Skills, Necklace and Earrings

Come out and have fun and socialize with your peers as well as release your creative energy. Learn some of the fundamentals of making your own beaded costume jewelry. This class is for those with no experience. Beads and supplies will be provided. The instructor will be Yvette Whitehead.

Date: Tuesday, June 10

Time: 10:30 a.m. – 12:30 p.m.

Location: Hopewell Community Center – Craft Room

Cost: \$19

Register by: June 3

Jewelry Design: Ribbon Skills, Necklace and Earrings

Let's be creative with Ribbons! Make your own Ribbon jewelry. No experience needed for this class. All supplies will be provided. The instructor will be Yvette Whitehead.

Date: Tuesday, Aug. 5

Time: 10:30 a.m. – 12:30 p.m.

Location: Hopewell Community Center – Craft Room

Cost: \$19

Register by: July 29

Drawing

This class is for those who have no previous experience and would like to learn the fundamentals of drawing. This is a 4 week course. Instructed by Avon L Miles Jr. of Selim Nova Art Studio. Please bring a charcoal pencil set and a drawing pad of at least 11x14.



Check out the Hopewell Recreation & Parks website at:

www.hopewellva.gov

On line, you will find:

Classes – Athletics & Fitness,
Special Events – Parks and Trails, Senior Activities..... and much more!

Classes

Drawing cont.

Date: Thursdays, May 1-May 29, 2014
 Time: 5:00 p.m. - 7:00 p.m.
 Location: Hopewell Library
 209 E. Cawson St., Hopewell, VA 23860
 Cost: \$27
 Register by: April 24

Date: Thursdays, June 5 –June 26, 2014
 Time: 5:00 p.m. - 7:00 p.m.
 Location: Hopewell Library
 209 E. Cawson St., Hopewell, VA 23860
 Cost: \$27
 Register by: May 29

Date: Thursdays, July 10 –July 31, 2014
 Time: 5:00 p.m. - 7:00 p.m.
 Location: Hopewell Library
 209 E. Cawson St., Hopewell, VA 23860
 Cost: \$27
 Register by: July 3

Date: Thursdays, Aug. 7 –Aug. 28, 2014
 Time: 5:00 p.m. - 7:00 p.m.
 Location: Hopewell Library
 209 E. Cawson St., Hopewell, VA 23860
 Cost: \$27
 Register by: July 31

Guitar Lessons

This is great opportunity for those who are interested in learning how to play the Acoustic Guitar. You will learn how to read sheet music, how to play melodies, how to count the margins and tempo; the terms and structures of learning frets and strings. You will also learn how to play chords, single note and whole notes. Please bring your own Acoustic Guitar. The instructor will be Rachel Parker.

Date: Mondays, May 5-June 2, 2014
 (no class on Monday, May 26- Memorial Day)
 Time: 9 a.m. – 9:30 a.m.
 Location: Hopewell Community Center – Craft Room
 Cost: \$24
 Register by: April 28

Date: Mondays, June 9 –June 30, 2014
 Time: 9 a.m. – 9:30 a.m.
 Location: Hopewell Community Center – Craft Room
 Cost: \$24
 Register by: May 27

Date: Mondays, July 7 –July 28, 2014
 Time: 9 a.m. – 9:30 a.m.
 Location: Hopewell Community Center – Craft Room
 Cost: \$24
 Register by: June 30

Date: Mondays, Aug. 4 –Aug. 25, 2014
 Time: 9 a.m. – 9:30 a.m.
 Location: Hopewell Community Center – Craft Room
 Cost: \$24
 Register by: July 29

Fitness Classes

Sit and Be Fit Exercise

Get your week started off right with this chair fitness class. This fun and gentle exercise program will build muscle strength, improve blood circulation, and increase flexibility. The class is for those of any fitness level. Mondays at 10 a.m.

Date: May 5 – June 15, Monday
 (no class on Monday, May 26- Memorial Day)
Time: 10 a.m.-10:45 a.m.
 Location: Hopewell Community Center-Arts/Crafts room
Cost: \$30 registration fee or a \$6 walk-in fee for each individual class

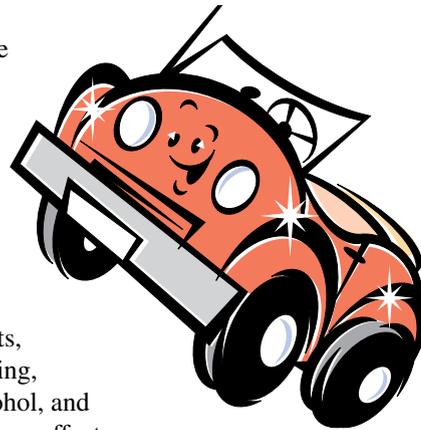
Date: June 23 – July 28, Monday
Time: 10 a.m.-10:45 a.m.
Location: Hopewell Community Center-Arts/Crafts room
Cost: \$30 registration fee or \$6 walk-in fee for each individual class.

Resources

AARP Driver's Safety Course

This is new redesigned course that covers researched-base safety strategies that can reduce the likelihood of having a crash, understanding road environments, safe behavior, aging, medications, alcohol, and health-related issues affect driving. It also will cover how to share the road with other users, newest safety/advanced features in vehicles, and other ways of travel. This is an 8-hour course and a certificate of completion will be issued at end of second day. *Bring driver's license and AARP card (if you have one). Bring a check payable to AARP in the correct amount on the first day of class. Must pre-register, please call 541-2353.

Date: Mon. /Tues, June 23 - 24
Time: 9:00 a.m. - 1:00 p.m.
Location: Hopewell Community Center – Meeting Room
Cost: Members: \$15; Non-members: \$20
Register by: June 19



The Hopewell Traveler

Prince George County Regional Heritage Center

Prince George County Regional Heritage Center in Prince George, VA – Explore treasures of Prince George County at the 1883 Courthouse and have lunch at Sunshine's Garden Cafe

Date: May 13, 2014
Time: Leave Center at 10:30 a.m.
Return: 2:30 p.m.
Location: Hopewell Community Center
 100 W. City Point Rd.
Cost: \$3 for Transportation.
 *Lunch is on your own on at Sunshine Cafe.
 Limited to the first 18 that sign up.
Register by: May 6

Voyage to Virginia: Age Croft Hall Museum and Gardens

Voyage to Virginia: Age Croft Hall Museum and Gardens in Richmond, VA – Explore 17th Century living at the grand manor house and Elizabethan Gardens and lunch on Cary St.

Date: June 17, 2014
Time: Leave Center at 10:30 a.m.
Return: 2:00 p.m.
Location: Hopewell Community Center,
 100 W. City Point Rd.
Cost: \$5.00 for Transportation
 *Price only covers transportation; lunch is on your own.
 Limited to the first 18 that sign up.
Register by: June 3

The Richmond Flying Squirrels

The Richmond Flying Squirrels in Richmond, VA
 Join us in Richmond, VA on the Jani-King Party Deck and watch a real live baseball game!

Date: July 30, 2014
Time: Leave Center at 11:00 a.m.
Return: 3:30 p.m.
Location: Hopewell Community Center,
 100 W. City Point Rd.
 Cost: \$27 for transportation, entrance and lunch!
 *price covers transportation and lunch: popcorn, hotdogs, hamburgers, chicken tenders, squirrelly fries, red skin potato salad, dessert, and a drink.
 Limited to the first 20 that sign up.
Register by: July 16

Out to Lunch

The Blue Heron

The Blue Heron in Charles City, VA

Take a drive and discover one of Virginia's best kept secrets. The Blue Heron Restaurant located right on the banks of the scenic Chickahominy River. With over a 120 seating capacity and outdoor deck dining you can relax and enjoy your meal in a peaceful and beautiful setting. Watch the boats cruise along either fishing or sailing or just docking into the marina that is situated below the restaurant. The menu consists of fresh local seafood, sizzling steaks, chicken dishes and much more. From adult to child we know you will have a hard time deciding what to choose.

Date: Aug. 12, 2014

Time: Leave Center at 11:30 a.m.

Return: 2:00 p.m.

Location: Hopewell Community Center, 100 W. City Point Rd.

Cost: \$3.00 for Transportation

*price only covers transportation; lunch is on your own.

Limited to the first 18 that sign up.

Register by: Aug. 5

Special Events

Senior Hall of Fame Banquet

Senior Hall of Fame Banquet:
"Commit to Serve; Serve With Love"

When: Saturday, May 17, 2014

Where: Hopewell Moose Lodge

Time: 5:30 – 8:00 PM

RSVP by May 2, 2014 at Hopewell Recreation and Park @ 541-2353

Transportation will be provided for a small fee of \$1.00 per person. You must register by May 2. For more information, please call Hopewell Recreation and Parks at 541-2353

Nomination Deadline: May 1, 2014

Eligibility

- Resident of the City of Hopewell
- Nominee's service must have been or be to the citizens of Hopewell
- 55 years of age or older

Please nominate your neighbors, friends, or anyone that has been of service to you or others in the Hopewell community. Nomination forms will be available at the front desk of the Hopewell Community Center.

Volunteers

We are in need of volunteers for various events and activities. If you have a passion for helping, serving, decorating or sharing a skill that can benefit the 50+ population please call Aaron Clay @ 541-2353 for additional information. We are especially in need of a person that can teach card playing.

Art in the Park

coming in the near future!

Adopt-A-Senior Program – If you like to adopt one of our senior programs and help support a program financially or with gifts-in-kind, please call Aaron Clay @ 541-2353 for additional information.

The Hopewell Community Center Presents: CHRISTMAS AT THE WHITE HOUSE

The Hopewell Community Center Presents: Christmas at The White House

December 3 or 4, 2014 (exact date TBA in November)

Visiting the *White House* in Washington, DC is a time honored and treasured holiday tradition. The custom of placing a decorated tree in the White House began in 1889 on Christmas morning during the Presidency of Benjamin Harrison. What began as a family gathering has become a national tradition. Over the years, the White House Christmas tree has reflected the times and tastes of the First Family. Today, the First Lady selects a theme and taps the talents of American artisans, who give life to the idea. Stroll through America's most prestigious and honored house and experience first-hand the beautiful trees and decorations this holiday season. This is a self-guided tour but secret service will be in each room to answer any questions. You will also have a chance this morning to visit the *White House Visitor Center*, adjacent to the White House, for a chance to purchase the 2014 White House Christmas Tree Ornament.

Due to the high security at The White House, everyone who wants to visit must provide the information on the attached sheet located. This information must be submitted at the time the reservation is made (June 1st). We have requested multiple days in hopes of having a better chance to get in. You will be notified by telephone in November as to the exact date so please keep all of the above dates open on your calendar. If we do get in, at that time you will be asked to send in your payment. Please keep in mind that there is a good amount of walking included on this tour. From where you exit The White House it is approximately 3-4 block walk back to where the motor-coach has to park.

The afternoon will be spent at *Mount Vernon*. Beautifully

decorated for the holidays, the Mansion looks much like it would have during George Washington's life. In the orientation center, visitors get an unprecedented look at furnishings, china, silver, clothing, jewelry, Revolutionary War artifacts, rare books, manuscripts and other personal effects of the Washington family. The centerpiece of a visit to this 500-acre estate is a tour through 14 rooms of the mansion, whose oldest parts date from the 1740's. Mount Vernon encompasses many memories and the fine tastes of both George and Martha throughout the entire estate. Visit *The Shops at Mount Vernon* during your stay. A plated lunch at the *Mount Vernon Inn* is also included.

Tour Cost Includes:

Round-trip Motor-coach Transportation, Visit to the White House, Lunch at the Mount Vernon Inn, Admission to Mount Vernon, Tax & Gratuity for lunch. Refreshments served on coach, and Driver Gratuity as well.

Cost Per Person: \$105.00

At this time - do not send your check. Please return the attached form to Aaron Clay **NO LATER** than May 16th. There is only space for 50 people so don't delay! You will be notified in November as to the date and at that time payment will be needed. Aaron Clay, Hopewell Community Center, 100 west City Point Rd., Hopewell, VA 23860

Security Information Requested by the White House (Please print clearly)

Last Name: _____

First Name: _____ Middle Initial: _____

Date of Birth: _____ Gender: _____ US Citizen (Y or N): _____

City and State of Residence: _____

Passport # if NOT a US Citizen: _____
(social security # required for US Citizens age 14 and over)

Phone Number: _____ (this is for the group leader)

Please make sure that the names you put on this form match what is on your driver's license or passport. You will have to present your driver's license or passport when entering the White House. Once names have been submitted on June 1st, there are no substitutions or additions.

Aquatics

Pool Hours

Monday, Thursday – 6:30 a.m. – 8:00 p.m.
 Friday – 6:30 a.m. – 7:45 p.m.
 Saturday – 9:00 a.m. – 2:30 p.m.
 Sunday – CLOSED

Restricted Hours

POOL INFORMATION & CLASSES – MAY THROUGH AUGUST

Class time Monday through Friday, 9:00 a.m. – 11:00 a.m. and 5:00 p.m. – 8:00 p.m.
 Pool is open from 5:00 p.m. – 8:00 p.m. unless classes are scheduled.
 Lap lanes will remain open unless posted.

Free Time

Open to students who have membership to the Hopewell Community Center. Monday, Wednesday and Friday, 3:30 p.m. – 5:30 p.m. if no programs are scheduled. Saturday free hours are 9:00 a.m. – 12:00 noon.

Pool Rental

Birthday Parties available on Saturdays beginning September and running through May. Anyone interested in having a party at the pool may call and ask for Brad Flynn or Ashley Summa.

Pool Schedules

Available at the front desk of the Hopewell Community Center.

Special Events

All events will be advertised and posted no less than one week ahead of the event.

Scuba

Scuba classes consist of three basic parts: (1) Academic (classroom), (2) Confined water (skills developed in the pool), and (3) Open dives (four dives in an open body of water). For more information on prices, dates, times, etc., you can contact Dalelynn Sims at brunswickscuba.com

CCID Arthritis Aquatics Class

We will be offering an aquatic aerobics class for participants living with arthritis or arthritis – related conditions. This class will help with strengthening of joints, increasing range of motion, and balance. Please call Brad Flynn at 541-2304 for more information on this class.

Cost: \$1 for members/ \$2 for non-members

Time: Mondays, Tuesdays, and Thursdays from 11:00 a.m. - 11:45 a.m.

Swim Team

NOVA is a non-profit organization dedicated to the promotion of competitive swimming in Chesterfield County, the Tri-Cities and surrounding areas. NOVA offers instruction, training and competition to young people of all ages and abilities.

The NOVA program is divided into six practice groups and these groupings allow swimmers to train at their individual level of ability while striving to improve their physical conditioning and swimming techniques. Swimmers on NOVA range from beginners to National competition levels.

Coaches are Jamie Greenwood, Lauren McCorey, and Shannon Royster. For more info go to www.swimvacs.org

Summer Swim Lessons

Session 1: June 16th-June 27th

Session 2: July 7th-July 18th

Session 3: July 28th-August 8th

Session 4: August 18th-August 29th

There are three levels of classes. They are broken down by ability and age. The class sessions run for 2 weeks. There will be make-ups for any days missed due to weather.

Level 1: 3-5 Beginners- 5:00 p.m.-5:50 p.m. (for ages 3-5)

Level 2: Youth Beginners- 6:00 p.m.-6:50 p.m. (for ages 6 and up)

Level 3: Advanced/Intermediate- 7:00 p.m.-7:50 p.m. (for ages 6 and up that are able to swim the length of the pool unassisted)

Price: \$45 for residents and \$50 for non-residents

619 AQUATIC PROGRAMS

The Hopewell Community Center pool is operated year round. Various instructional and recreational programs are offered to people of all ages and swimming abilities. These programs include lap swimming, senior fitness; learn to swim classes and swimnastics. Other specialty programs include Lifeguarding, Scuba Diving, and Swim Team.

Those interested in Swim Team may call
**Jamie @ 937-5571 or e-mail at
jamie.greenwood79@gmail.com
 or go to the web site www.swimvacs.org**

For additional information, call the Hopewell Community Center at 541-2353 between 6:30 a.m. and 7:30 p.m., Monday through Friday.

CCID Water Aerobics

This class will provide exercises to increase flexibility, range of motion, and cardiovascular endurance. Classes are offered at different times to accommodate your scheduling needs. You do not have to be a swimmer to participate. Classes run Monday through Friday.

9:00 a.m. - 10:00 a.m. (seniors only)

West Ford or Brad Flynn, instructor.

10:00 a.m. - 11:00 a.m. (All ages)

West Ford or Brad Flynn, instructor.

7:00 p.m. – 8:00 p.m. (All ages)

Ashley Summa, or other night staff, instructor

Cost: Must have a Hopewell Community Center membership, plus \$1 per class. Non-members of the Community Center must pay \$2 per class.

PLEASE BE AWARE THAT THE POOL IS USED BY MANY. WE WILL POST WEEKLY SCHEDULES. AT TIMES SCHEDULES NEED TO BE CHANGED. WE WILL MAKE EVERY EFFORT TO POST THESE TWO WEEKS IN ADVANCE. HOWEVER IF THUNDER OR LIGHTNING IS IN THE AREA WE RESERVE THE RIGHT TO CLOSE THE POOL TO ENSURE THE SAFETY OF ALL.

FOR ADDITIONAL INFORMATION ON THE POOL PLEASE CALL 541-2304 AND SPEAK WITH ANYONE FROM OUR AQUATIC STAFF.

Pool Classes and Programs at the Hopewell Community Center are as follows:

Senior Water Aerobics

Monday through Friday 9:00 a.m. – 10:00 a.m.

All age Water Aerobics

Mon through Fri 10 a.m. – 11 a.m. and Mon through Thur 7 p.m. – 8 p.m.

Swim Team runs September through May.

Aquatic Classes at the Hopewell Community Center

For more information you may visit their website @ www.swimvacs.org

Birthday Parties and Special Events are held on Saturdays. These run the months of Sept. through May.

Home School swim time is 12 noon – 3 p.m. Monday through Friday from Sep. through May.

Children's Swim Classes run March through Sept. Adult Swim Classes run September through Dec.

Private Lessons are available Sep. through April. Lifeguarding/CPR classes run Feb. through April.

For more information please call 541-2353 or 541-2304 and ask to speak with any member of our AQUATIC Staff or you may go to the city's web site and click on Recreation.

AUTOMATED CITIZENS INFORMATION SYSTEM Call 541-2401

SPORTS CANCELLATION LINE

Inclement weather may force the cancellation of athletic events. To check the status of an athletic event, call the City of Hopewell's ACIS (Automated Citizens Information System) Sports Cancellation Line for all youth and adult sports leagues and clinics. Simply dial 541-2401, ext. 633 on weekdays during inclement weather after 3:30 pm for daily announcements.

PHOTOGRAPH USAGE

No photographs/video may be taken inside the Community Center facility except with the express permission of the director.

The Department of Recreation and Parks reserves the right to use pictures, videos and recording associated with events, classes, programs and or trips for legitimate purposes, including advertising and promotion.

INCLEMENT WEATHER

The Director of the Department of Recreation and Parks or appointed authority will close the Center or part there of during inclement weather for the safety of patrons and staff.

PROGRAM, EVENTS, TRIP AND CLASS PARTICIPATION

All programs, events, trips and classes are open to the public. You do not have to be a member of the Community Center. However, members may be offered reduced or free rates depending on the event.



The Hopewell Recreation and Parks Foundation is organized to support the Department of Recreation and Parks for the City of Hopewell, Virginia

through charitable purposes which may include but not limited to raising funds, accepting gifts while promoting and providing support for programs, activities, facilities, and services. Please contact us at our email address of <mailto:HRPF@msn.com> or by calling 804-541-2409. We accept donations as we are a 501c3 and donations may be mailed to the Hopewell Recreation and Parks Foundation at PO Box 520, Hopewell, VA 23860.

Spring Fling Skateboard Get Together

All skateboarders let's do a get together sponsored by "HOPEWELL RECREATION AND PARKS" and we will serve hotdogs and drinks. Must sign up before Wednesday, April 16, 2014 in the Hopewell Community Center.

When: April 19, 2014

Where: Hopewell Skateboard Park

Fee: Free

Time: 1:00pm – 4:00pm

Youth Baseball/ Softball Registration

The Hopewell Department of Recreation and Parks will be holding baseball and softball registration for youth ages 3 to 17 at the Hopewell Community Center. Proof of age plus parental signature is required. The following is a list of the leagues that are offered:



Blast ball (3-4).

Instructional T-ball League (5-6).

Boy's Coached Pitch League (7-8).

Girl's Knights of Columbus

Coached Pitch League (7-8-9).

Boy's Pee-Wee Baseball (9-10).

Girl's Optimist Youth Softball (10-13).

Boy's Youth Baseball (11-12).

Boy's Recreation Baseball (13-15).

Girl's Optimist Junior Softball (14-17).

Boy's Travel Baseball (15-16).

Who: Hopewell Youth ages 3 to 17 as of April 30, 2013

When: Now until April 19, 2014

Where: Hopewell Community Center.

Time: Anytime the Hopewell Community Center is open

Cost: \$20.00 Residents, \$30.00 Non Residents

Extra Cost: 10.00 for baseball pants

Boys Coached Pitch League

For Boys 7-8 years of age as of April 30, 2013. The draft will be done by coaches. Players will be notified by their coach by May 11th.

Coaches Draft: Monday, May 5, 2014, 6:00 p.m. at HCC.

Practices Start: Monday, May 12, 2014.

Season Begins: Week of June 2, 2014.

Games will be played at Mathis Park.

Girls Knights of Columbus Coached Pitch

For Girls 7-8-9 years of age as of April 30, 2014. The draft will be done by coaches. Players will be notified by their coach by May 12th.

Coaches Draft: Tuesday, May 6, 2014, 6:00 p.m. at HCC.

Practices Start: Monday, May 12, 2014

Season Begins: Week of June 2, 2014

Games will be played at Mathis Park

5&6 Instructional League

For Boys/Girls 5&6 years of age as of April 30, 2014. The draft will be done by coaches. Players will be notified by their coach by May 31st.

Coaches Draft: Wednesday, May 21, 2014, 6:00 p.m. at HCC

Practices Start: Monday, June 2, 2014

Season Begins: Week of June 16, 2014

Games will be played at Mathis Park.

Blast Ball

The ideal entry level of play for youngsters who will go on to more advanced levels of baseball. Blast ball teaches the basics of t-ball and/or the fundamentals of hitting, running, and fielding while emphasizing teamwork and sportsmanship. For boys/girls 3&4 years of age as of April 30, 2014. Players will be notified by their coach by June 1st.

Coaches Meeting: Thursday, May 22, 2014, 5:00 p.m. at HCC

Practices Start: Monday, June 2, 2014

Season Begins: Week of June 16, 2014

Games will be played at Atwater Soccer Complex

Baseball/Softball Grand Opening

The Hopewell Department of Recreation and Parks will be holding a Grand Opening to kick off the 2014 Youth Baseball/Softball Season on May 19, 2014 at Mathis Park. This will be a fun filled day with the introduction of players and coaches from Boy's Youth Baseball, Pee-Wee Baseball, and Girl's Optimist Youth Softball. We will also play several games that day. Come meet the players and coaches. The opening ceremony starts at 6:00pm.

Aquafina – Pitch Hit & Run Competition

Aquafina Pitch, Hit, and Run Competition are for Boys and Girls 7-14 years old. This competition is judged on pitching, hitting, and running. See who has the best baseball skills in Hopewell.

Who: Kids 7-14 years old

When: May 3, 2014

Where: Mathis #1

Time: 1:00pm

Register by: The day of the event

Mixed Volleyball League

Come join the fun in an organized Mixed Volleyball League sponsored by the Hopewell Department of Recreation and Parks.

Organizational Meeting: Mon., May 12, 2014

at 6:00pm

Who: Adults

Register By: Fri., June 6, 2014 at the HCC.

Where: HCC

Cost: Based on the number of teams and games played

League Games Starts: TBA

Game Nights: TBA

Hopewell Adult Tennis League

The City of Hopewell, Department of Recreation and Parks will offer an Adult Tennis League. Applications will be made available starting the first week of May 2014.

2nd Organizational Meeting:

Wednesday, April 30, 2014.

Who: Adult Tennis Players.

Where: HCC.

Time: 6:00pm.

Register By: Fri., May 16, at the HCC.

League Starts: June 2, 2014

and runs thru August 2014

Cost: \$20.00

Hopewell Tennis Tournament

The City of Hopewell Department of Recreation and Parks will hold our annual tennis tournament. Certificates from Dicks Sporting Goods will be presented to the top two players in each category.

When: Mon. July 7 to Aug. 1, 2014, 5 pm each day

Where: Hopewell Community Center and Riverside Park

Cost: \$20.00 per person/per event

Register by: Youth-July 2; Ladies-July 9;

Men-July 17.

Adult “Wednesday” Golf League

9-holes match play. Each team consists of two players. Teams may be made up of more than two players (many teams have three or four players due to members that may travel for their job or take vacations and are not available to play every week), but only two players are allowed to comprise a team during any match. Each week a team competes against another team and plays for points. Participants will need to provide their own clubs and must be aware of proper golf course etiquette prior to playing.

Date: Wednesday, June 18, 2014 – Wednesday, August 6, 2014

Time: 5:00pm

Location: Jordan Point Golf Course

Registration Deadline: Friday, June 13, 2014

Fee: \$20.00 Registration Fee

Fee to Play: \$11 Walking/\$19.00 Cart each time

Number of Teams: Limited to 8 teams

16th Annual City of Hopewell/ PAL's/Hopewell Recreation Foundation Golf Tournament

Ready for relaxing, fun-filled day of golf with three of your best friends? Hopewell Department of Recreation and Parks along with Hopewell Recreation Foundation and Police Activity League (PAL'S) will be sponsoring a Captain's Choice Golf Tournament at Jordan Point Golf Club. Monies raised go back to support Youth Athletics.

When: 9:00am, Aug 1, 2014

Where: Jordan Point

Cost: \$280 per team, which includes green fee, cart, and lunch

Register by: July 25, 2014

Strictly Soccer Youth Soccer Clinic

Brad Dalton and his Hopewell High School Soccer Coaches wants to teach players ages 4 and up the basic way to play soccer by conducting a one-day mini-clinic sponsored by Strictly Soccer of Richmond

When: Saturday, September 6, 2014

Where: Atwater Soccer Complex

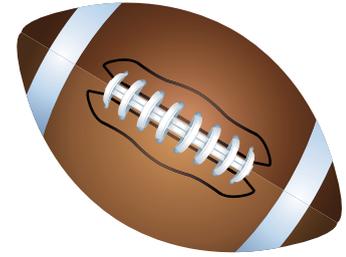
Time: 9:00am to 11:30am

Cost: Free

Register by: The Day of the Clinic at the Atwater Soccer Complex

Youth Football Clinic

Ricky Irby and his Hopewell High School Football Staff want to teach the fundamentals of football in a two-day training clinic for kids 8 to 18 years old. The first day of the clinic will be for youth 12 and under while the second day is for 13 and up.



When: August 6 and 7, 2014

Where: Hopewell High School Football Practice Field

Time: 6:00pm to 8:00pm

Cost: Free

Register by: On the Days of the Clinic at HHS Football Practice Field.

Fall Youth Soccer Registration

The Hopewell Department of Recreation and Parks will be holding registration for youth soccer for kids ages 4 to 15 as of Aug. 1, 2014 at the Hopewell Community Center. Proof of age plus parental signature is required. The following is a list of the leagues that are offered:

- U-6 Soccer League (4-5)
- U-9 Soccer League (6-7-8)
- U-13 Soccer League (9-12)
- U-16 Soccer League (13-15)



Registration Begins: Mon., July 7 2014

Who: Any Youth ages 4 to 15

Where: HCC

Time: Anytime the HCC building is open

Registration Deadline: Fri., August 22, 2014 at the HCC

Cost: \$35.00 Residents, \$40.00 Non Residents

8th Annual City Point 5K Run

Held the last Saturday in October, the 18th Annual Running of the City Point 5K River Run and Walk, a 5-kilometer; USA Track and Field certified race. The run, which will begin and end at John Randolph Foundation, is a flat out and back scenic run along the Appomattox River and passes several historic areas of City Point. Last year's running of the race was record breaking with over 1000 participants. Entry forms will be available August, 2014 at the Hopewell Community Center, 100 West City Point Road; Appomattox Regional Library, 245 East Cawson Street; and John Randolph Medical Center. For further information or to have a race application e-mailed or faxed to you, call 541-2304 or go to www.citypoint5K.com for more information.

When: Saturday, October 25, 2014

Where: City of Hopewell

Cost: \$20 per person

Register by: Tuesday, October 21, 2014

Kids Fun Run Fit For Life Challenge

Held the last Saturday in October, before the 18TH Annual Running of the City Point 5K River Run and Walk, a 1 mile run and walk to start at 8:00am. See which school wins the Mayor's Cup based on the school that has the most participants the day of the run. The run which will begin and end at John Randolph Foundation is one mile flat route. Entry forms will be available August, 2014 at the Hopewell Community Center, 100 West City Point Road; Appomattox Regional Library, 245 East Cawson Street; All Hopewell Elementary and Middle School PE Teachers; and John Randolph Medical Center. For further information or to have a race application e-mailed or faxed to you, call 541-2304 or go to www.citypoint5K.com for more information.

When: Saturday, October 25, 2014

Where: City of Hopewell

Cost: Free

Register by: Tuesday, October 21, 2014

Men's Open Fall Softball

Hopewell Recreation and Parks will once again be offering an Open Fall Softball League in 2014. Get ready its coming back. So don't put away those gloves and shoes too soon.

Organizational Meeting: Wednesday, July 30, at 6:00pm

Who: Open to all area teams

Where: HCC

Register By: Fri., August 22 at the HCC

League Games Start: Mon., September 8, 2014

Game Nights: Mon., Tues., Wed., and Thurs. at Mathis 1

COMMUNITY

(Class dates may be subject to change due to cancellations or class make-up dates)

Men's Afternoon Luncheon

"From great oaks, little acorns grow." Fathers and Sons, Grandfathers and Grandsons, Uncles and Nephews, or My Best Friend. Join us to honor the special man in your life. Lunch, Guest Speaker and the best raffle in town. Cost is \$5.00 per person. Register by June 7th.

Who: Men of all Ages

When: Saturday, June 14th

Where: Hopewell Community Center

Time: 12:00 noon – 2:00 p.m.

Cost: \$5.00 per person

Registration deadline: June 7th (no day of event walk-ins)

Rainbow Summer Afternoon Program

Join us each day for activities, games, trips and more.

Who: Ages 5 ½ (must have completed kindergarten) - 12

Where: Hopewell Community Center

When: July 1 – August 17

Time: 1:00 p.m. – 5:00 p.m.

Cost: \$35 per week (Monday – Friday)

Additional fees for trips and pool.

Class size will be limited.

Registration begins June 1, 2014

Rainbow Summer Open Program

(July 1st – August 31st)

Children who pay the daily fee to enter the building will be able to participate in activities within the building; however they will not be escorted to the pool and special activities/events outside of the building due to the lack of a parental permission slips.

Who: Ages 5 ½ (must have completed kindergarten) - 17

Where: Hopewell Community Center

When: July 1 – August 29

Time: 1:00 p.m. – 5:00 p.m.

Cost: Free (Must have a Community Center membership and pay daily fees to participate)

Rainbow Summer Free Meal Program

Join us each day for our nutritious snack and dinner meals through the SFSP Summer Meal Program.

Who: All children, 18 years and under

Where: Hopewell Community Center

When: July 1– August 29

Time: Mondays – Fridays 1:00 – 1:30 and 5:00 – 7:00 p.m. (NO WEEKENDS)

Cost: FREE

No 4th of July

Rainbow Summer Transportation Program

The Rainbow Summer Program will provide transportation to children 18 and under at four of the school sites to participate in the dinner meals 5:00 pm – 7:00 pm. Registration forms will be located at each of the school sites and at the Community Center.

Cost: FREE

REC in the Park

Hopewell Recreation and Parks will be providing free activities and snack time in the Parks, July 2nd – August 15th

Who: Children ages 5 yrs. (must have completed kindergarten) – 12 yrs.

Where: Arlington Park: 2700 Courthouse Rd - Tuesdays 12:30 p.m. – 1:30 p.m.

Kings Court: 1900 Waverly St. - Thursdays 12:30 p.m. - 1:30 p.m.

Cost: Free

Rainbow Summer Garden

This program is designed for the children to participate in raising produce to aid the Meals Program. Items planned will included but not limited to planting tomatoes, strawberries, lettuce, cucumbers, sunflowers, peppers, onions, potatoes. The Community Center is looking for gardeners young and young at heart to help with the upkeep of the 10X 20 ft. garden area.

Rainbow Summer Good Body Jr.

Join us for mid-morning exercise classes and a wholesome meal for children 5 (must have completed Kindergarten) – 17. Classes will introduce children to the health benefits of exercises. Classes may include Zumba Jr., weight training, cardio, racquetball and basketball. Children must be a member of the Community Center.

Cost: Free (Must have a Community Center membership to participate)

**RAINBOW SUMMER
SUMMER PROGRAMS
FAMILY TRIPS**

**Metro Richmond Zoo
and Canal Cruise**

Date: July 7, 2014
Departure time: 10:00 a.m.
Return time: 4:30 p.m.
Trip includes: Motor coach transportation, entrance to the Metro Richmond Zoo a cruise on the Canal in Richmond and a bag lunch.
Cost: Adult – \$41.00
 Children – \$36.00
 RSP Children – \$26.00 (must be enrolled in the summer program)
Registration Deadline: due by June 1, 2014.

**Luray Caverns
and Skyline Drive**

Date: July 21st
Departure time: 8:00 a.m.
Return time: 6:00 p.m.
Trip includes: Motor coach transportation, entrance to the Luray Caverns, scenic ride on Skyline Dr. overlooking the Shenandoah Valley and a bag lunch. Walking Restrictions – must be able to walk 1 ½ miles through the Luray Caverns.
Cost: Adult \$49.50
 Children \$38.00
 RSP children \$23.00 (must be enrolled in the Summer Program)
Registration Deadline: due by June 7, 2014.

National Aquarium

Date: August 4th
Departure time: 8:00 a.m.
Return time: 6:00 p.m.
Trip includes: Motor coach transportation, entrance to Baltimore National Aquarium, time on your own in the Inner Harbor and a bag lunch.
Cost: Adult \$82.50
 Children \$66.00
 RSP children \$44.00 (must be enrolled in the Summer Program)
Registration Deadline: due by July 1, 2014



Atlantic City, Philadelphia and New York

October 5 – 9, 2014

\$400 per person, double occupancy



NEW YORK CITY



PHILADELPHIA



ATLANTIC CITY

Includes: Motorcoach transportation, 4 nights lodging including 3 consecutive nights at an Atlantic City Casino Hotel. 7 meals: 4 breakfasts and 3 dinners, Guided Tour of New York City, “The Big Apple!”, Guided Tour of Philadelphia, “America’s Birthplace”. Visit Atlantic City and receive a \$30 Casino Bonus and much more!

THEME PARK TICKETS



BUSCH GARDENS

FUN CARD

- \$69 (Ages 3 and above) - Unlimited visits to Busch Gardens March 21 through September 1, 2014

DISCOUNT DAYS

- March 21 - October 26, 2014
- \$52 (ages 10 and above)
- \$42 (ages 3 - 9)

WATER COUNTRY USA

FUN CARD

- \$47 (Ages 3 and above)
- Unlimited visits to Water Country USA May 17 through September 1, 2014

DISCOUNT DAYS

- May 17 through September 1, 2014
- \$34 (ages 10 and above)
- \$27 (ages 3 - 9)

KINGS DOMINION

SPRING SAVINGS DAYS

- \$33.00 (Ages 3 and above)
- April 12, 13, 18, 19, 20, 26, 27
- May 3, 4, 10, 11, 17, 18, 24, 25 and 26, 2014

PARK AND RECREATION DAYS

- \$33.00 (Ages 3 and above)
- June 27 - August 3, 2014

FALL FUN DAYS

- \$33.00 (Ages 3 and above)
- September 26, 27, 28
- October 3, 4, 5, 10, 11, 12, 17, 18, 19, 24, 25 & 26, 2014

GOOD ANY DAYS

- \$40.00 (Ages 3 and above)
- Tickets valid any regular operating day during the 2014 season.

REFUND POLICY

We will issue a refund after we receive verification from the participating theme park that the ticket has not been used. Allow up to 60 days for completion of this policy.

Park Watch

Park Watch is similar to the Neighborhood Watch programs in which neighbors watch each other's property and report any suspicious activity to the police. We are asking you for help in protecting **YOUR COMMUNITY PARKS**.

We need you to report any vandalism to the Police Department by calling 541- 2222.

This is the non emergency number for the police department. Now if you see an actual crime, please call 911.

Prohibited activities include disturbing, damaging, or removing resources from the park. If you observe someone breaking park regulations, do not attempt to take any action yourself. Report the incident promptly and accurately to one of the numbers listed.



Emergencies 911
Hopewell Police Non Emergency No:..... 541-2222
Recreation and Parks..... 541-2353
Park Division..... 541-2357

And feel free to enjoy the many birds in our parks that we have as well!

Want to hear about upcoming events and information from Recreation and Parks Department? Stay informed with upcoming deadlines to register your child for a sports program. Or sign up for a lifeguarding class.

Call us at 541-2353 and give us your email address.

Or send an email to cscarbrough@hopewellva.gov and Carol will add you to our ever growing list. And feel free to check out the website at www.hopewellva.gov as we try to update the web with upcoming events as well.

Our department works with citizens of all ages, and in doing so we offer a variety of programs and activities. We are always seeking donations and have compiled a list of items needed to assist in the operations of some of our programs and activities. We appreciate your assistance as we strive to offer quality programs and activities.

*Coffee (Regular & Decaf)

* Current magazines for senior adults

*Non perishable food items to assist Respite Program in providing nutritious snacks & lunches.

*Post cards, boxed birthday & get well cards

*Tissues, hand soap, hand sanitizer, dishwashing liquid, napkins & paper towels

*Blank CDs & covers

*New movie releases on DVD (G or PG13 rated)

*Pens & Pencils

* Craft materials, glue, scissors, crayons, markers, construction paper, pencils, glitter, word search & activity books, notebooks, etc.

* Monetary donations to assist in sponsoring a child in a youth program or a disabled adult in our Respite program

* 8.5 x11 or 8.5x14 color paper

* Reading books for children

Please contact Jo Turek at 541-2353 for additional information.

ATTENTION ALL BUSINESS OWNERS

Did you know that **\$150.00 per month*** will buy at least 10 annual corporate fitness memberships for your employees at Hopewell Recreation & Parks?

Let us help you jump-start your staff's New Year's resolution by adding
A New Health Wellness Benefit For 2014

(Our corporate memberships are not like your average fitness memberships. Our memberships are not assigned to each individual, but to groups according to the number of membership you have purchased. Here's how it works: You will be asked to provide a list of employees approved to use your corporate membership, and work out a schedule to allow up to

10 different employees to use the facility EACH DAY • if you prefer.



Our Corporate Membership will allow your staff full

use of our facility – weight room, cardio room, pool, tennis and basketball courts. In addition, for a small fee, we also offer racquetball memberships and Good Body Fitness exercise classes.

To Get More Information Please Contact Arlethia Dearing @ (804) 541-2353.



**Hopewell Recreation & Parks
100 W. City Point Road
Hopewell, VA 23860
adearing@hopewellva.gov**



***Corporate Memberships are \$180.00 each. We require a minimum purchase of 10 memberships.**

**Quarterly payments can be made (\$150 x 4 = \$720);
If you have need for a smaller membership purchase,
please contact us so that we can accommodate your business.**

Effective April 2014, Fish Tales Bait and Tackle Inc. will operate and maintain the Hopewell City Marina. If you are interested in a slip or ramp pass please see them at 1051 Riverside Ave. as they will be able to assist you.



Father's Day Luncheon

Hopewell Recreation and Parks
100 W. City Point Rd.
Hopewell VA. 23860



*From great
oaks, little
acorns grow!*

When: June 14, 2014
Where: Hopewell Community Center
Time: 12:00 – 2:00 pm
Cost: \$5.00 per person
Registration deadline: June 7, 2014
(No late registration)

Fathers and Sons, Grandfathers and Grandsons, Uncles and Nephews or My Best Friend, Join us for an afternoon of fun. Lunch, guest speakers and a raffle will be the highlight of the event

COMMUNITY CENTER MEMBERSHIPS / FEE

Annual – Unlimited use of the Center

Residents: Adults, \$180; Students, \$90;
Family, \$360; Seniors, \$90
Non-residents: Adults, \$255; Students, \$150;
Family, \$500; Seniors, \$150; Military, \$150
Adult handicap \$80 for residents and \$110 for Non-Residents

Limited – Thirty (30) Day Admissions

Residents: Adults \$90; Students \$45
Family \$240; Seniors \$45
Non-residents: Adults \$150; students \$75;
Family \$345; Seniors \$75
*\$5.00 will be added for a split payment.

Monthly Membership

Residents: \$35.; Active Military \$30
Non-residents: \$40; Active Military \$35

Daily Membership Charge For Each Day's use of Center

A one time fee of \$13 for residents and
\$19 for non-residents.
Then you pay your daily fee to come in. (See below)

Resident Daily Fee

Adults: \$3, Students & Seniors: \$2

Non-resident Daily Fee

Adults: \$5, Students & Seniors: \$3
The above fees and memberships apply to use of the
gym, pool, sauna, tennis courts, and exercise room only. Extra
fees are charged for the use of the Meeting Room, Racquetball/
Handball Courts and Classes.

Guest Pass

Residents \$5; Non-resident: \$6
A maximum of five uses, after that a membership
will be necessary to use facility.

Annual Corporate Membership Fees

Minimum of 10 participants
Fee: \$180 additional fee of \$40 can be added
for each racquetball membership
*Due to organization size, please call if needed for less than 10
participants.

Brain Exercise Club

All participants must have an annual membership card to
participate in the Active Adults and Brain exercise Club as this
is part of your Community Center Membership. With one card,
a Community Center Membership, you can pay a daily \$1 fee or
purchase an annual Brain Exercise Card for \$19 per year.

Racquetball/Handball Fees

Non-Racquetball Membership must pay the following to use
courts:

Residents: \$3 per hour per person
Non-residents: \$4 per hour per person

Annual Racquetball Membership

(Unlimited use of courts and standard facilities)

Residents: \$220
Non-residents: \$295
Courts may be reserved one day in advance.
Reservations are on a first-call basis.

Free Time (Hopewell students only)

All students holding at least a Daily Membership Card may use the
Center at no charge on Monday through Friday, from 3:30 p.m. to
5:30 p.m. Saturday free time is from 9:00 am to 12:00 noon, for all
students.

Visa/Master Card

For your convenience you can now pay for events, programs,
classes, trips, etc., by Visa/MasterCard
There is a minimum of \$10.00 to use debit/credit cards.



**Hopewell Recreation and Parks
Summer Program Opportunities**

The Department of Recreation and Parks will be hiring summer staff to work as Program Leaders, Drivers, Cooks for the summer of 2014 who can work until Aug. 31. Please apply by May 1, 2014.

Hopewell Recreation & Parks

presents

Good Body Fitness



Join us Mondays – Saturdays for fun classes to improve your overall health.

Monday	12 noon – 12:45pm	5:30 - 6:15 pm	6:30 - 7:15 pm
	Lunch Time Zumba	Improving Cardio	Zumba

Tuesday	4:45 – 5:30 pm	6:00 - 6:45 pm	7:00 - 7:45 pm
	Strength Training	Zumba	Yoga

Wednesday	12 noon – 12:45pm	5:30 - 6:15 pm	6:30 - 7:15 pm
	Lunch Time Zumba	Improving Cardio	Zumba

Thursday	4:45 – 5:30 pm	6:00 - 6:45 pm	7:00 - 7:45 pm
	Strength Training	Zumba	Yoga

Friday			6:30 - 7:15 pm
			Zumba

Saturday	10:00 - 10:45 am		
	Yogalates*		

April 1 - May 31, 2014

There will be no classes Monday, May 26th

Swipe Card

45 classes per Session - \$85.00 \$75.00

30 classes per Session - \$55.00 \$45.00

15 classes per month - \$30.00 \$25.00

Additional swipes - \$3.00 per swipe

Guest Pass - \$6.00

For more information call Hopewell Recreation and Parks 541-2353

*New Class – Yogalates combines both Yoga and Pilates. This comprehensive class will successfully fuse the practice of mindful movement. This class will emphasize exercises to cultivate strength, stamina, flexibility and body awareness. Yogalates is suitable to people of all ages, all body types and all fitness abilities.

REGISTER EARLY!

Some classes fill quickly and others may be canceled due to low enrollment.

FEES:

Fees must be paid in full at time of registration by check payable to City of Hopewell, cash, VISA or MasterCard. Non-Resident fees apply to anyone living outside the Hopewell city limits. Address verification may be required. Credit card purchases must be \$10.00 or more.

ENROLLMENT:

You will be enrolled once we receive your registration form and fee. Registrations are accepted on a first-come, first-served basis until the activity is filled.

CREDITS/REFUNDS:

Credit/refund will be given if we cancel a program, trip, or facility booking, less the administration/processing fee. Refund requests must be submitted by bringing a copy of your receipt.

We do not offer refunds for any program or trip unless you have a verifiable medical condition or emergency. A refund will then be issued, less the administrative/processing fee. Overnight trips require the purchase of trip insurance.

Five easy ways how to reserve a class, program or facility you want:

Walk-In: Visit our Community Center

Phone-In: Call us at 804-541-2353

Fax-In: at 804-541-2464

Mail-In:

Department of Recreation & Parks
100 West City Point Road
Hopewell, VA 23860

Online: www.hopewellva.gov



City of Hopewell, 100 West City Point Rd., Hopewell, VA 23860

Phone 804-541-2353 • Fax 804-541-2464

Website: www.hopewellva.gov

Hopewell RECREATION AND PARKS

OLDER AMERICANS MONTH SPECIAL

MAY 1 – MAY 31, 2014

Membership Specials

**\$20
OFF**

**\$20
OFF**

Buy One At \$20 OFF The Price*

*If you buy an annual membership or renew your annual membership, you will get \$20 OFF the price. This is for age 50+ (seniors) includes annual type memberships only. For more information, please call (804) 541-2353.

Facility Rental Fees

Facility	Resident	Non-Resident
Atwater Park Half Day Full Day	20.00 35.00	35.00 60.00
	plus \$20 deposit	plus \$20 deposit
Crystal Lake Large Pavilion (1/2 Day) Small Pavilion (1/2 Day) Large Pavilion (Full Day) Small Pavilion (Full Day)	35.00 20.00 60.00 35.00	65.00 35.00 130.00 60.00
Heritage Gardens Half Day Full Day 1 Hour Photo Session	150.00 225.00 30.00	250.00 325.00 50.00
Gymnasium Full Gym (Per Hour) Half Gym (Per Hour)	51.00 26.00	65.00 36.00
Meeting Room – 3 Hours Each Additional Hour	26.00 6.00	47.00 6.00
Meeting Room w/Kitchen – 3 Hours Each Additional Hour	56.00 6.00	77.00 6.00
	plus \$30 non-refundable Kitchen usage fee	plus \$30 non-refundable Kitchen usage fee
Conference Room – 3 Hours Each Additional Hour	26.00 6.00	47.00 6.00
Pool	55.00	75.00
	for 1 hour	for 1 hour

The department of Recreation & Parks provides an opportunity to rent a room, park or pool for all occasions: **Birthday Parties, Holiday Parties, Wedding Receptions, Family Reunions, Business Meetings, Seminars, and Company Parties.** A security deposit must add to all rental facility. This is a refundable security deposit. Visit our website: www.hopewellva.gov

How Do You Turn \$1 Into \$2 For Our Next Playground Project?

For every dollar donated to playground projects the City of Hopewell will match that dollar up to \$25,000.



We are joining forces with the Hopewell-Prince George Civitan Club by working together to bring this first fully inclusive and accessible to children of ALL abilities play area to the City of Hopewell.

Send Donations: C/O "City Point Playground" to Hopewell Recreation and Parks Foundation at PO Box 520, Hopewell, VA 23860



Places to Play & Grow

Would your organization/club/individual like to adopt one of our parks?

We are looking for more organizations/club/individuals to adopt one of our parks. By adopting a park, this helps us dress up our parks to make them more enjoyable for our community. We will place a sign with the name of the organization, club, or individual. If a big work day is planned we will provide one of our park crews to be on site as well.

If you are interested, please call Steve Howard, our Maintenance Specialist at 804-541-2353 or email him at showard@hopewellva.gov.



3 1/2 Street



Westwood



Kings Court



City Point

What about a picnic in your neighborhood park?

Did you realize that “quality time” among many people often times center around a meal? How about experiencing some “quality time with a friend, group, or with your family at one of our many neighborhood parks that have picnic tables, some within a shelter, some out in the open under a tree. And these parks are situated right in the middle of many of the city’s neighborhoods. These neighborhood parks include Atwater, Riverside Harbor, and Crystal Lake.

Heritage Gardens Hours:
Open March 22 – October 25, 2014.
Open 8 a.m. to Dusk

