

Professionalism – Integrity - Justice



HOPEWELL POLICE DEPARTMENT

Physical Agility Test (PAT)



1. The candidate starts the course sitting in a police vehicle with the door closed and seatbelt on. Prior to the start of time, the candidate is provided with the suspect description that he/she is **REQUIRED** to relay to the timekeeper at the finish line. The description is given twice and relayed back to the Assessor twice before the command to start is given.
2. On command, the candidate disengages the seatbelt, exits the police vehicle and sprints across the parking lot to a 4-foot chain link fence/obstacle.
3. The candidate then navigates/climbs over the 4-foot chain link fence/obstacle.
4. Upon clearing the fence/obstacle, the candidate then sprints to the dummy carry station. The candidate assumes a position behind and facing the dummy. The candidate then pulls/draws the 165-pound dummy, 30 feet (10 yards). *Note: The dummy's feet must clear the 10-yard line in order for the candidate to proceed.
5. Upon clearing the dummy obstacle, the candidate then sprints 30 feet (10 yards) to a cone, stops, changes direction and then sprints 30 feet (10-yards) to the beginning of the offset cone station.
6. Once at the offset cone station, the candidate sprints in a serpentine fashion from the outer-edge of each cone, spaced 12-feet apart, to the next in sequential order (from right to left). The candidate **MUST** stop and briefly pause at each cone before proceeding on to the next. Upon finishing the last cone in the sequence, the candidate then sprints 30 feet (10-yards) to the low crawl station.
7. Upon arriving at the low crawl station, the candidate assumes a prone position on the ground prior to beginning the obstacle. The candidate then low crawls 20 feet utilizing their arms and legs with their body low/flat against the ground. At the 20-foot mark, the candidate assumes a standing position and then sprints to the first of two stair stations.
8. At each of the stair stations, the candidate ascends **EACH** of the stairs to the top, reverses direction and descends **EACH** of the stairs to the bottom before proceeding.
9. The candidate then sprints 175 feet to the finish line.
10. Once at the finish line, the candidate then provides the suspect description given to them at the beginning of the course. The candidate is **REQUIRED** to provide Three (3) out of the four descriptors given.